

FLINTSHIRE 10K 2011
FLINTSHIRE 10K 2011

Sunday 9 October 2011. 12:00 am

Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/mil</i>	<i>Race</i>	<i>Race</i>
1	0:32:11	MOUNTFORD, David	Deeside AC	SM	05:10.7	446	1
2	0:34:30	LONGLEY, Dean	Prestatyn RC	SM	05:33.0	372	2
3	0:34:51	EDWARDS, Andrew	Deestridders RC	SM	05:36.4	278	3
4	0:35:21	BROMLEY, Andrew	Deeside AC	SM	05:41.2	449	4
5	0:35:27	BROWN, Jez	Buckley Runners	MV35	05:42.2	268	5
6	0:35:40	BLAZIER, Darren	Abergele Harriers	MV35	05:44.3	419	6
7	0:36:14	PARRY, Neil	Clwydian Range Runners	MV35	05:49.8	110	7
8	0:36:37	EVANS, Jordan	Eryri Harriers	SM	05:53.5	207	8
9	0:36:42	EVANS, Chris	Eryri Harriers	SM	05:54.3	208	9
10	0:36:46	WELSH, Matthew	Deeside AC	SM	05:54.9	223	10
11	0:37:02	GREEN, Martin	North Wales Road Runners	MV35	05:57.5	185	11
12	0:37:16	ROBINSON, Erika	Buckley Runners	SL	05:59.7	428	12
13	0:37:23	OAKLEY, Wesley		SM	06:00.9	423	13
14	0:37:41	LEMON, David	Deeside AC	SM	06:03.7	289	14
15	0:37:46	WORTHINGTON, Craig James		SM	06:04.6	484	15
16	0:37:57	SHERIDAN, William		JM	06:06.3	435	16
17	0:38:05	KEARNEY, Ronan		MV40	06:07.6	420	17
18	0:38:09	BRADSHAW, Jonathan	Buckley Runners	MV35	06:08.3	461	18
19	0:38:12	ROBERTS, Tegid	Eryri Harriers	MV50	06:08.7	441	19
20	0:38:23	EVANS, Paul	Wreccsam Tri	MV40	06:10.5	396	20
21	0:38:26	PARRY, Emma	Wrexham AC	FV35	06:11.0	436	21
22	0:38:38	JONES, Michael	Buckley Runners	MV40	06:12.9	217	22
23	0:38:59	DAVIES, Mark	North Wales Road Runners	MV35	06:16.3	464	23
24	0:39:02	COATHUP, Les	Buckley Runners	MV55	06:16.8	429	24
25	0:39:11	GIFFORD, Jeff	Buckley Runners	MV45	06:18.2	478	25
26	0:39:31	HOUSE, Gary	Chester Triathlon	SM	06:21.4	183	26
27	0:39:35	CAMPBELL, Andrew	Wreccsam Tri	MV35	06:22.1	472	27
28	0:39:39	MORRISON, Ryan		SM	06:22.7	146	28
29	0:39:41	WILLIAMS, Paul		SM	06:23.1	469	29
30	0:40:16	ALDRIDGE, Ian		SM	06:28.7	297	30
31	0:40:18	WATSON, Tim		MV45	06:29.0	128	31
32	0:40:35	ROBERTS, Andrew		MV45	06:31.7	131	32
33	0:40:52	HAYES, Steven		MV35	06:34.5	350	33
34	0:40:59	THREADGOLD, Mark		MV40	06:35.6	193	34
35	0:41:00	ROBERTS, Andy		MV40	06:35.8	304	35
36	0:41:26	HUGHES, Ian		MV50	06:40.0	340	36
37	0:41:27	BELLIS, Stephen	Buckley Runners	MV55	06:40.1	357	37
38	0:41:27	JONES, Andy	North Wales Road Runners	MV35	06:40.1	151	38
39	0:41:30	CHALLINOR, Kevin	Deeside AC	MV50	06:40.6	197	39
40	0:41:34	THELWELL, Michael	North Wales Road Runners	MV35	06:41.2	333	40
41	0:41:39	O'NEILL, Stephen		MV55	06:42.0	456	41
42	0:41:41	FREEMAN, Robert	Northern Vets	MV55	06:42.4	444	42
43	0:41:51	MADELEY, Ian		SM	06:44.0	403	43
44	0:41:54	SANGER, Lee		MV35	06:44.5	232	44
45	0:41:58	PARRY, Arwyn		MV40	06:45.1	433	45
46	0:42:10	GODWIN, Andrew		MV35	06:47.0	123	46
47	0:42:20	FROGETT, Tom		JM	06:48.6	360	47
48	0:42:27	CONLON, Paul		MV45	06:49.8	407	48
49	0:42:30	JONES, David		MV50	06:50.3	250	49
50	0:42:39	WILLIAMS, Jason		MV40	06:51.7	272	50
51	0:42:54	REYNOLDS, Philip		SM	06:54.1	348	51
52	0:42:57	TULLEY, Sam		SM	06:54.6	62	52
53	0:42:59	WILLIAMS, Mark	Deestridders RC	MV45	06:54.9	369	53
54	0:43:02	HOLL, Debbie		FV35	06:55.4	331	54
55	0:43:12	BOTHAM, Stephen	Wreccsam Tri	MV50	06:57.0	475	55
56	0:43:15	EASTWOOD, Nick	Chester Triathlon	MV40	06:57.5	326	56
57	0:43:27	MARTIN, David		SM	06:59.4	295	57

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Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/mil</i>	<i>Race</i>	<i>Race</i>
58	0:43:27	LUDDEN, Michael	Buckley Runners	JM	06:59.4	466	58
59	0:43:28	PROUDLOVE, Mark		MV45	06:59.6	377	59
60	0:43:30	MURPHY, Pete		SM	06:59.9	344	60
61	0:43:31	EVANS, Stephen		MV50	07:00.1	244	61
62	0:43:40	ROBERTS, Konrad	North Wales Road Runners	MV45	07:01.5	224	62
63	0:43:46	JONES, Stuart		SM	07:02.5	246	63
64	0:43:58	JONES, Gwyn		MV45	07:04.4	294	64
65	0:44:01	SKETT, Matthew	Chester Triathlon	MV35	07:04.9	298	65
66	0:44:06	WALKER, John		MV45	07:05.7	23	66
67	0:44:10	BENTON, TONY	Denbigh Harriers	MV50	07:06.3	453	67
68	0:44:14	GRIFFITHS, Michael John		MV45	07:07.0	424	68
69	0:44:15	CRISPIN, Adam		SM	07:07.1	290	69
70	0:44:25	MACARTHUR, Helen	Colwyn Bay AC	FV40	07:08.8	445	70
71	0:44:28	BRANDRICK, Paul	Prestatyn RC	MV55	07:09.2	329	71
72	0:44:34	HANNAM, Stephen		SM	07:10.2	253	72
73	0:44:40	FOWLES, David		SM	07:11.2	79	73
74	0:44:45	CUNNINGHAM, STEPHEN		MV35	07:12.0	16	74
75	0:44:46	BROWN, Nicholas	Wrexham Tri	MV50	07:12.1	285	75
76	0:44:49	WATTS, David		MV35	07:12.6	422	76
77	0:44:57	WILLIAMS, Gareth Wyn		MV40	07:13.9	387	77
78	0:45:20	EVANS, Dean		SM	07:17.6	175	78
79	0:45:31	HUGHES, Leah	Prestatyn RC	SL	07:19.4	434	79
80	0:45:34	JONES, Brian		MV50	07:19.9	421	80
81	0:45:40	CLARKE, Thomas		JM	07:20.8	336	81
82	0:45:48	BARRACLOUGH, Peter		MV35	07:22.1	477	82
83	0:45:52	JONES ROBERTS, Toby		JM	07:22.8	399	83
84	0:45:55	HUGHES - ROBERTS, John	Prestatyn RC	MV50	07:23.2	418	84
85	0:46:01	HUGHES, Glynn		SM	07:24.2	411	85
86	0:46:12	DUGAN, Roger		MV45	07:26.0	169	86
87	0:46:19	COOK, Ceri		FV40	07:27.1	64	87
88	0:46:23	TURNER, Richard	Wrexham AC	SM	07:27.7	400	88
89	0:46:31	HATTON, Kay	North Wales Road Runners	FV45	07:29.0	226	89
90	0:46:35	PRITCHARD, Stephen		SM	07:29.7	277	90
91	0:46:36	PEDLEY, Daniel	Wrexham AC	SM	07:29.8	251	91
92	0:46:44	MAURICE, Mark		MV45	07:31.1	120	92
93	0:46:49	BECK, Sian	Prestatyn RC	SL	07:31.9	366	93
94	0:46:55	PIGNARD EYRAUD, Eric		SM	07:32.9	371	94
95	0:46:58	HARGREAVES, Tim		MV40	07:33.4	199	95
96	0:46:59	SWINDLEHURST, Guy		SM	07:33.5	442	96
97	0:47:00	MCNALLY, Jamie		MV45	07:33.7	284	97
98	0:47:05	WARD, Lynn	Road Runners Club	FV45	07:34.5	479	98
99	0:47:12	JONES, Catherine		SL	07:35.6	467	99
100	0:47:18	EVANS, Charlie		MV40	07:36.6	113	100
101	0:47:32	BRANDRICK, Katie	Prestatyn RC	SL	07:38.8	327	101
102	0:47:34	BATTERBEE, Rob	Abergele Harriers	SM	07:39.2	143	102
103	0:47:40	SMITH, GARY		MV40	07:40.1	1	103
104	0:47:42	WOOLGAR, Katy	Chester Triathlon	SL	07:40.5	414	104
105	0:47:48	MOORE, Jonathan		SM	07:41.4	267	105
106	0:47:56	DUCKERS, Robert		SM	07:42.7	40	106
107	0:47:57	WASNIDGE, Lee		MV45	07:42.9	95	107
108	0:48:03	GOAN, Paul		MV40	07:43.8	263	108
109	0:48:10	HANSOM, Gareth		SM	07:45.0	194	109
110	0:48:12	WILLIAMS, Simon		MV40	07:45.3	158	110
111	0:48:14	WHALE, Richard		MV35	07:45.6	406	111
112	0:48:19	PRYS-OWEN, Robert		MV60	07:46.4	145	112
113	0:48:24	BRENNAN, Adam		MV45	07:47.2	381	113
114	0:48:29	SALT, James		SM	07:48.0	118	114
115	0:48:38	LUDDEN, Margaret	Buckley Runners	FV45	07:49.5	218	115
116	0:48:52	MUSGRAVE, Marc		SM	07:51.7	184	116
117	0:48:56	COWBURN, Phillip		MV50	07:52.4	256	117

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118	0:49:06	BARNES, Ian		MV55	07:54.0	322	118
119	0:49:08	PETRIE, Danielle		SL	07:54.3	159	119
120	0:49:09	JOHNSON, Leighton		SM	07:54.4	324	120
121	0:49:13	DAVIES, Glenda	Prestatyn RC	FV50	07:55.1	447	121
122	0:49:16	JONES, Robert		SM	07:55.6	356	122
123	0:49:19	RENDLE, Gary		MV50	07:56.1	190	123
124	0:49:28	BAAS, Jaco		MV45	07:57.5	352	124
125	0:49:29	JOHNSTONE, Gareth		MV35	07:57.7	12	125
126	0:49:32	WALKER, Philip		SM	07:58.1	347	126
127	0:49:36	PRICE, Martin		MV35	07:58.8	390	127
128	0:49:39	CARNEY, Steve		MV40	07:59.3	59	128
129	0:49:41	TOMOS-GRIFFITHS, Owain		SM	07:59.6	211	129
130	0:49:44	PHOENIX, Lesley		SL	08:00.1	471	130
131	0:49:47	GARVEY, Neil		SM	08:00.6	410	131
132	0:49:48	PENDLEBURY, Jane		SL	08:00.7	22	132
133	0:49:57	GODWIN, Richard		MV35	08:02.2	87	133
134	0:49:59	BROCKLEY, Maxine		FV40	08:02.5	316	134
135	0:50:00	SEAR, Christopher		SM	08:02.7	271	135
136	0:50:12	GRANT, Pam	Mysteruns	FV50	08:04.6	206	136
137	0:50:13	OWENS, Michelle		FV35	08:04.7	72	137
138	0:50:14	MARSLAND, Christopher	Road Runners Club	MV45	08:04.9	480	138
139	0:50:22	WOOTTON, Dave		MV45	08:06.2	228	139
140	0:50:38	WILLIAMS, Luke		JM	08:08.8	401	140
141	0:50:41	BLUNDELL, Peter	Prestatyn RC	MV55	08:09.3	397	141
142	0:50:46	HAYES, Derek		MV55	08:10.1	416	142
143	0:50:54	RICHARDS, Gareth		SM	08:11.3	389	143
144	0:50:54	LEE, Katherine		FV40	08:11.3	468	144
145	0:50:59	YOUNG, Phillip		MV45	08:12.1	343	145
146	0:51:03	MARTIN, PAUL		MV40	08:12.8	6	146
147	0:51:03	ALLEN-MEAD, Thomas		SM	08:12.8	249	147
148	0:51:05	DOUGHTON, Jane		FV35	08:13.1	425	148
149	0:51:15	ATKINS, Paul		MV35	08:14.7	460	149
150	0:51:32	LLOYD, David		MV35	08:17.5	150	150
151	0:51:38	DUFFY, Terry		MV55	08:18.4	455	151
152	0:51:40	JONES, Helen		SL	08:18.7	292	152
153	0:51:41	CUNNAH-WATSON, Lynn		FV45	08:18.9	129	153
154	0:51:43	TAYLOR, David		MV50	08:19.2	474	154
155	0:51:48	PARRY, MARK		MV35	08:20.0	220	155
156	0:51:49	WILLIAMS, Andrew		SM	08:20.2	136	156
157	0:51:52	GALLAGHER, Dai		MV50	08:20.7	195	157
158	0:51:55	MOSES, Jeff		MV40	08:21.2	37	158
159	0:52:02	ROSS, Rob	Deeside AC	MV40	08:22.3	191	159
160	0:52:04	HOWATSON, Bob		MV40	08:22.6	451	160
161	0:52:04	HILL, Nigel		MV45	08:22.6	257	161
162	0:52:05	FENWICK, John		MV45	08:22.8	209	162
163	0:52:08	RICHARDS, Nia		SL	08:23.3	334	163
164	0:52:08	MACKAY, Robert	Buckley Runners	MV60	08:23.3	212	164
165	0:52:10	JONES, Jeremy		MV45	08:23.6	201	165
166	0:52:11	POTTER, Peter		MV55	08:23.7	309	166
167	0:52:16	FLETCHER, Pete		SM	08:24.5	60	167
168	0:52:16	JONES, Gareth		MV45	08:24.5	243	168
169	0:52:17	SUTTON, David		MV50	08:24.7	98	169
170	0:52:22	LEWIS, Melanie		FV40	08:25.5	25	170
171	0:52:24	CARPENTER, Rhian	North Wales Road Runners	FV40	08:25.8	196	171
172	0:52:26	WALSH, David		SM	08:26.1	214	172
173	0:52:26	MULLER, Marcel		SM	08:26.1	318	173
174	0:52:26	FARRALL, Steve		SM	08:26.1	192	174
175	0:52:27	CHALLINOR, Robert		MV50	08:26.3	86	175
176	0:52:28	CHEATLE, Suzanne		FV40	08:26.5	46	176
177	0:52:47	NEWELL, Richard		MV40	08:29.5	296	177

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178	0:52:53	EDWARDS, Mark		SM	08:30.5	317	178
179	0:52:55	HOGG, PERCY	Birkenhead AC	MV65	08:30.8	308	179
180	0:53:05	SEAR, Paul		MV60	08:32.4	255	180
181	0:53:06	WOOTTON, Mike		SM	08:32.6	229	181
182	0:53:10	JONES, Eleri	Prestatyn RC	FV40	08:33.2	448	182
183	0:53:14	GRIFFITHS, Joe		SM	08:33.9	142	183
184	0:53:18	CRIERIE, Nigel	Ellesmere Port RC	MV45	08:34.5	386	184
185	0:53:18	CLARKE, Nicola		FV40	08:34.5	335	185
186	0:53:27	WILLIAMS, Val		FV45	08:36.0	63	186
187	0:53:31	WATSON, Helen		FV35	08:36.6	239	187
188	0:53:34	GREGORY, Clair		SL	08:37.1	283	188
189	0:53:43	LONGLEY, Duncan	Prestatyn RC	MV50	08:38.5	364	189
190	0:53:43	DUFFIELD, Kevin		SM	08:38.5	160	190
191	0:53:44	WESTWOOD, RICHARD		SM	08:38.7	9	191
192	0:53:49	EVANS, Marianne		SL	08:39.5	61	192
193	0:53:51	SMITH, Philip		MV40	08:39.8	178	193
194	0:53:52	ROBERTSON, Steve		MV35	08:40.0	355	194
195	0:53:53	MOORE, Michael		MV35	08:40.1	379	195
196	0:53:54	JONES, David		MV45	08:40.3	374	196
197	0:53:55	HAMPSON, Colin		MV45	08:40.5	459	197
198	0:53:57	BIARD, John		MV45	08:40.8	383	198
199	0:53:57	GRIFFITHS, David		MV40	08:40.8	101	199
200	0:53:58	ELLIS, Rhiannon		SL	08:40.9	315	200
201	0:53:59	RIDINGS, Susan	Buckley Runners	FV50	08:41.1	398	201
202	0:54:09	YOUDS, Anouska	Deestridders RC	SL	08:42.7	409	202
203	0:54:14	WILLIAMS, Ben		SM	08:43.5	391	203
204	0:54:15	BAKER, Andrew		MV40	08:43.7	237	204
205	0:54:15	DAVIES, Gwilym		MV45	08:43.7	264	205
206	0:54:17	POWELL, Richard		MV40	08:44.0	260	206
207	0:54:17	HATTON, John	North Wales Road Runners	MV65	08:44.0	227	207
208	0:54:29	JONES, Sian		FV45	08:45.9	476	208
209	0:54:38	LITTLEJOHN, Chris		SM	08:47.4	319	209
210	0:54:44	ANWIN, Richard		MV45	08:48.4	437	210
211	0:54:47	DAVIES, David		MV55	08:48.8	202	211
212	0:55:07	PIERCE, David		MV40	08:52.1	353	212
213	0:55:10	CLEWS, Ian		MV45	08:52.5	215	213
214	0:55:11	JAMES, Alison		FV35	08:52.7	380	214
215	0:55:24	STEEL, Anne		FV35	08:54.8	293	215
216	0:55:26	WHITELEY, Mike		SM	08:55.1	32	216
217	0:55:28	AMES, Rebecca		SL	08:55.4	133	217
218	0:55:29	THOMAS, Michelle		FV35	08:55.6	405	218
219	0:55:29	BREWER, Phil		MV35	08:55.6	341	219
220	0:55:38	CARTER, Gordon		MV70	08:57.0	147	220
221	0:55:41	MEAD, Helen		FV40	08:57.5	358	221
222	0:55:44	COOK, Mark		MV40	08:58.0	65	222
223	0:55:45	GRIFFITHS, Andy		MV40	08:58.2	55	223
224	0:55:46	MITTON, James		MV35	08:58.3	54	224
225	0:55:53	ROBERTS, Nan		FV40	08:59.5	132	225
226	0:56:00	BLANDFORD, Nicholas		MV45	09:00.6	362	226
227	0:56:06	JONES, Alison		FV40	09:01.5	221	227
228	0:56:06	FOWLES, Geoff		MV55	09:01.5	56	228
229	0:56:06	SHEPHERD, Stuart		SM	09:01.5	81	229
230	0:56:06	WILLIAMS, Raymond		MV60	09:01.5	230	230
231	0:56:16	GETHIN, D		MV45	09:03.2	438	231
232	0:56:23	KAY, Pauline	West Cheshire AC	FV50	09:04.3	299	232
233	0:56:31	COUGHLAN, Jeremy		MV45	09:05.6	238	233
234	0:56:32	HOWELLS, Philip		MV50	09:05.7	376	234
235	0:56:32	HOWATSON, Ryan		JM	09:05.7	452	235
236	0:56:32	MALIA, Pauline		FV50	09:05.7	415	236
237	0:56:37	SOBCZAK, Mark		MV40	09:06.5	259	237

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238	0:56:38	JONES, Roy		MV55	09:06.7	258	238
239	0:56:39	PEERS, Tim		MV45	09:06.9	351	239
240	0:56:41	SALISBURY, Anthony		MV40	09:07.2	166	240
241	0:56:42	DODD, Peter		SM	09:07.3	189	241
242	0:56:46	HICKSON, Andy		MV35	09:08.0	50	242
243	0:56:54	TURNER, Michael		SM	09:09.3	470	243
244	0:57:07	THOMSON, Sharon		FV35	09:11.4	114	244
245	0:57:12	ETHERINTON, John		MV65	09:12.2	426	245
246	0:57:12	SPRAY, Alan		MV60	09:12.2	408	246
247	0:57:12	KELLY, Ian		MV50	09:12.2	262	247
248	0:57:20	JONES, Angela		SL	09:13.5	127	248
249	0:57:26	BLIGHT, Daniel		JM	09:14.4	345	249
250	0:57:40	MORETON, Simon		MV40	09:16.7	51	250
251	0:57:41	DAVIES, Beth		SL	09:16.8	78	251
252	0:57:41	CRONSHAW, Andrew		SM	09:16.8	337	252
253	0:57:44	HALL, Matt		SM	09:17.3	339	253
254	0:57:44	JONES, Ann		FV60	09:17.3	463	254
255	0:57:46	CASEY, Rachel		FV35	09:17.6	36	255
256	0:57:48	LENTINI, Michael		MV50	09:18.0	402	256
257	0:57:48	PUGHE, David		MV50	09:18.0	312	257
258	0:57:49	LOPEZ SCHWARZ, Roman		MV35	09:18.1	96	258
259	0:57:52	DAVIES, Alex		SM	09:18.6	83	259
260	0:57:52	DAVIES, Sian		SL	09:18.6	77	260
261	0:57:53	LEWIN, Steven		MV55	09:18.8	412	261
262	0:57:58	WATSON, Tom		JM	09:19.6	432	262
263	0:57:58	ROYLES, Melanie		SL	09:19.6	94	263
264	0:57:58	TURLEY, Linda		FV35	09:19.6	39	264
265	0:58:04	BELLIS, Lindsey	Deestridders RC	SL	09:20.5	74	265
266	0:58:05	ROSE, Richard		SM	09:20.7	91	266
267	0:58:07	ROBINS, Sandra		FV40	09:21.0	203	267
268	0:58:08	CRIDGE, Wayne		MV45	09:21.2	97	268
269	0:58:10	BRERETON, Grant		MV35	09:21.5	27	269
270	0:58:15	MCCLELLAND, Phil		NDB	09:22.3	481	270
271	0:58:20	EVANS, Caroline		SL	09:23.1	53	271
272	0:58:27	THOMAS, Matt		MV35	09:24.2	482	272
273	0:58:35	HULME, Louise		SL	09:25.5	161	273
274	0:58:41	BRANDRICK, Gillian	Prestatyn RC	FV55	09:26.5	328	274
275	0:58:49	CROWTHER, Richard		SM	09:27.8	363	275
276	0:58:50	POWELL, Elan		SL	09:27.9	164	276
277	0:58:50	SPENCER-VELLACOTT, Polly		SL	09:27.9	394	277
278	0:58:51	HARRIS, RACHEL		SL	09:28.1	14	278
279	0:58:52	TAYLOR, Louise		FV45	09:28.3	305	279
280	0:58:55	WILLIAMS, Alison		SL	09:28.7	92	280
281	0:58:58	STEAD, Rita		FV55	09:29.2	382	281
282	0:58:59	JONES, Iona		JL	09:29.4	373	282
283	0:59:02	OWEN, Arwel		SM	09:29.9	325	283
284	0:59:07	GRIEVE, Paul		MV40	09:30.7	346	284
285	0:59:14	BEBB, Anthony		MV45	09:31.8	198	285
286	0:59:16	ANDREWS, Ben		SM	09:32.1	443	286
287	0:59:17	LLOYD, Becky		FV35	09:32.3	368	287
288	0:59:18	MASSEY, Andrew		MV45	09:32.4	302	288
289	0:59:21	DAVIES, Ben		MV35	09:32.9	85	289
290	0:59:30	MUNRO, Ian		MV55	09:34.4	5	290
291	0:59:32	CRADDOCK, FRANCES		FV50	09:34.7	20	291
292	0:59:33	KINGSLEY-WILLIAMS, Ceri		FV35	09:34.9	41	292
293	0:59:35	ALEXANDER, Chloe		SL	09:35.2	306	293
294	0:59:35	BROWN, Lesley	Birchfield Harriers	FV35	09:35.2	57	294
295	0:59:37	MAURICE, Nour		JL	09:35.5	126	295
296	0:59:40	PILGRIM, Mark		MV45	09:36.0	266	296
297	0:59:41	HAIGH, Maria	Birkenhead AC	FV45	09:36.1	219	297

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Provisional Results for ALL Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/mil</i>	<i>Race</i>	<i>Race</i>
298	0:59:44	WILLIAMS, Heidi		FV45	09:36.6	49	298
299	0:59:44	VALLEE, Nathalie		FV40	09:36.6	162	299
300	0:59:45	BIRCH, Sarah		SL	09:36.8	112	300
301	0:59:50	COYLE, Hazel		FV40	09:37.6	291	301
302	0:59:53	OWENS, Bethan		FV35	09:38.1	245	302
303	0:59:55	NAISBY, Eddie	Prestatyn RC	MV75	09:38.4	458	303
304	0:59:55	FISHER, Colin		MV50	09:38.4	174	304
305	0:59:56	MOLINARI, Francesca		SL	09:38.6	38	305
306	1:00:16	LEWIN, Paul		SM	09:41.8	413	306
307	1:00:28	HUMPHREYS, Kirsty		SL	09:43.7	483	307
308	1:00:28	MCDONALD, Mike	Bowland Fell Runners	MV70	09:43.7	388	308
309	1:00:33	JAMIESON-EVANS, Suzanne		FV35	09:44.5	69	309
310	1:00:34	CHAMBERLAIN, Christine		FV40	09:44.7	70	310
311	1:00:37	PARSONS, Kelly		FV35	09:45.1	152	311
312	1:00:37	DICKSON, John		MV55	09:45.1	204	312
313	1:00:37	DEVEREAUX, Vicki		SL	09:45.1	176	313
314	1:00:37	MESSUM, Sue		FV40	09:45.1	106	314
315	1:00:45	THOMAS-DAVIES, Sally		SL	09:46.4	73	315
316	1:00:50	JONES, Kathy		FV35	09:47.2	200	316
317	1:00:51	WILLIAMS, Fiona	Buckley Runners	FV40	09:47.4	48	317
318	1:00:52	GITTINS, Dave		SM	09:47.6	122	318
319	1:00:56	DAWSON, Caroline		SL	09:48.2	100	319
320	1:00:57	HOPWOOD, Mark		MV40	09:48.4	248	320
321	1:01:02	COLLINGS, Chris		SM	09:49.2	321	321
322	1:01:14	BROWN, Faye		SL	09:51.1	177	322
323	1:01:17	DUCKERS, ALAN		MV50	09:51.6	21	323
324	1:01:18	SIMPSON, Philip	Buckley Runners	MV40	09:51.7	330	324
325	1:01:19	FAGAN, Clare		FV35	09:51.9	165	325
326	1:01:20	MCGLASHAN, Helen		FV35	09:52.1	275	326
327	1:01:33	AUSTIN, Della		FV45	09:54.2	276	327
328	1:01:38	STEWART, Denise		FV55	09:55.0	439	328
329	1:01:42	ROBERTS, Dewi	Abergele Harriers	MV45	09:55.6	236	329
330	1:01:50	MCKEVITT-HARVEY, Suzanne		FV35	09:56.9	137	330
331	1:02:02	BURTON, Becky		FV35	09:58.8	270	331
332	1:02:04	GODWIN, Caroline		FV35	09:59.1	124	332
333	1:02:05	EDWARDS, Jane		FV35	09:59.3	279	333
334	1:02:08	CHEFFINGS, Shelley		SL	09:59.8	280	334
335	1:02:16	JONES, Graham		MV50	10:01.1	231	335
336	1:02:17	BARRON, John		MV40	10:01.2	68	336
337	1:02:18	HANNABY, Jonathan		SM	10:01.4	234	337
338	1:02:31	BLAIR, Valerie	Deestriders RC	FV55	10:03.5	427	338
339	1:02:35	WYNNE, Kate		SL	10:04.1	130	339
340	1:02:35	ROBINSON, Lynda		FV45	10:04.1	430	340
341	1:02:38	ALEXANDER, Clare		FV50	10:04.6	307	341
342	1:02:54	CLIFFE, Natalie		SL	10:07.2	431	342
343	1:02:56	DRAYTON, Linda		FV50	10:07.5	320	343
344	1:03:04	WILSON, Lynn		SL	10:08.8	392	344
345	1:03:18	MCLAREN, Sally		FV45	10:11.1	66	345
346	1:03:18	WILLIAMS, Emma		FV35	10:11.1	155	346
347	1:03:18	JONES, Hayley		FV35	10:11.1	156	347
348	1:03:27	JONES, Helen		FV35	10:12.5	157	348
349	1:03:33	WARD, Walter		MV50	10:13.5	105	349
350	1:03:40	BREWER, Eva		FV35	10:14.6	342	350
351	1:03:42	JONES, Ian		MV40	10:14.9	71	351
352	1:03:45	GEDVILAS, Erika		SL	10:15.4	462	352
353	1:03:53	FERGUSON, Ian		MV40	10:16.7	93	353
354	1:04:01	CARRIER BOSWELL, JULIA		FV50	10:18.0	8	354
355	1:04:35	GATES, Courtney		FV40	10:23.4	281	355
356	1:04:48	BROOKS, Deborah		FV40	10:25.5	359	356
357	1:04:48	GREEN, Wesley		SM	10:25.5	404	357

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Provisional Results for All Competitors in finish order.

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358	1:04:50	IFANS, Sarah		FV40	10:25.9	349	358
359	1:04:52	EDWARDS, Jane		FV40	10:26.2	138	359
360	1:04:59	BROOKS, Jodie		SL	10:27.3	370	360
361	1:05:00	EVANS, Llinos		SL	10:27.5	213	361
362	1:05:00	GRIFFITHS, Heledd		SL	10:27.5	450	362
363	1:05:04	MASSEY, Shena		FV45	10:28.1	303	363
364	1:05:08	JONES, Hannah		FV35	10:28.8	115	364
365	1:05:33	ABLETT, Ann	Buckley Runners	FV55	10:32.8	88	365
366	1:05:44	HUGHES, Caroline		FV35	10:34.5	181	366
367	1:05:53	RICHARDSON, Mary		FV40	10:36.0	261	367
368	1:05:55	THOMAS, Eleanor		FV35	10:36.3	313	368
369	1:05:55	BUTCHER, Jamie		MV40	10:36.3	89	369
370	1:06:00	DAVISON, Vicki		FV35	10:37.1	134	370
371	1:06:13	LINNEY, Patricia		FV60	10:39.2	2	371
372	1:06:23	PLUMMER, Cara		SL	10:40.8	395	372
373	1:06:29	NEWMAN, Kate		SL	10:41.8	254	373
374	1:06:33	WILLIAMS, Kate		SL	10:42.4	24	374
375	1:06:36	SMITH, Sue		FV50	10:42.9	28	375
376	1:06:39	BAKER, Caroline		SL	10:43.4	154	376
377	1:06:40	CHRISTOPHER, Sophie		SL	10:43.6	43	377
378	1:07:12	LEMON, Miriam		SL	10:48.7	288	378
379	1:07:15	CHEATLE, Ken		MV40	10:49.2	45	379
380	1:07:17	MCFARLAND, Tom		JM	10:49.5	417	380
381	1:07:24	HOBSON, Guy		MV55	10:50.6	75	381
382	1:07:24	HOBSON, Margaret		FV55	10:50.6	76	382
383	1:07:26	THOMPSON, Nicola		SL	10:51.0	173	383
384	1:07:33	LLOYD, Dianne		FV45	10:52.1	273	384
385	1:07:35	MAY, Kerry		FV45	10:52.4	104	385
386	1:07:43	BRIDGE, William		MV35	10:53.7	314	386
387	1:07:45	LIVINGSTONE, Amanda		FV40	10:54.0	252	387
388	1:07:45	TURNER, Gareth		MV45	10:54.0	269	388
389	1:08:13	FENDT, Heather		FV35	10:58.5	153	389
390	1:08:13	CHALLINOR, Lee		MV35	10:58.5	148	390
391	1:08:55	WILKINSON, Cliff	North Wales Road Runners	MV75	11:05.3	222	391
392	1:09:23	HANCOCK, Dave	Eryri Harriers	MV50	11:09.8	116	392
393	1:09:38	MOREBY, Sally		FV40	11:12.2	378	393
394	1:09:52	COLLIER, Matthew		SM	11:14.4	186	394
395	1:09:57	OLIVER, Craig		MV35	11:15.3	242	395
396	1:09:57	OLIVER, Judy		FV40	11:15.3	241	396
397	1:10:11	BLANDFORD, Jilly		FV45	11:17.5	361	397
398	1:10:35	MCKINNON, Debbie		FV50	11:21.4	67	398
399	1:10:55	HEANEY, Laura		SL	11:24.6	102	399
400	1:10:58	CARMAN, Renee		SL	11:25.1	393	400
401	1:11:01	O'CALLAGHAN, Dave		MV50	11:25.5	171	401
402	1:12:25	GRUNDY, Norman	Birkenhead AC	MV65	11:39.1	300	402
403	1:13:41	COSBY, Ruth		SL	11:51.3	26	403
404	1:15:01	ROWLANDS, William		MV50	12:04.2	465	404
405	1:16:20	GRIFFITHS, Glynn		MV65	12:16.9	35	405
406	1:16:24	PARRY, JANET		FV55	12:17.5	10	406
407	1:16:54	DUCKERS, Ceri		SL	12:22.3	58	407
408	1:17:17	NORRIS, BARBARA		FV45	12:26.0	11	408
409	1:21:54	CLARKSON, Angela		FV35	13:10.6	141	409
410	1:21:54	MCDUGALL, Kate		FV35	13:10.6	140	410

There were 410 finishers in the All Competitors category.