

Who knew our Olympic hope Eilish has already done her 10k? 😊

Our very own Ms McColgan, Steph Salusbury has kindly shared this with us all. Great morning for the Deestridders at the Tatton Park 10k. In particular Lana broke the hour for the first time and this year's Couchies showcased some stunning performances with huge PBS. You wouldn't believe they weren't even runners 8 months ago! 🍷🍷

Thanks RunThrough North for a great event.