

Press article- BL4, 27 February '22

Having seen our January date called off due to covid, Deestridders hosted the rescheduled fourth Border League outing on Deeside AC's Connah's Quay route, approximately 7k taking in Coleg Cambria and the steep lanes of Kelsterton and Golftyn. We probably fielded even more marshals than runners, but still managed 16 green tops (glad of the "club colours" rule allowing for longer sleeves in the biting weather) out on the course.

Although only three ladies ran, their stunning collective performance saw them win the team Division 2 race and pull the Girlstridders clearer into the promotion zone.

Angela Deeley (30.16) Christine Cammillare (30.42) Andrea Wadcock-Parr (33.31)

It speaks volumes as to how the club has grown in recent times that despite putting out a full complement of helpers, 13 men still ran. Drew Gray (26.17) Max Dowell (29.22) Tony Woodall (29.29) Steve Thomas (30.24) Grant McGowan (30.43) Paul Lewtey (30.45) Neil Edwards (32.19) Paul Lyth (32.37) Mark Dunn (34.11) Fred Aird (35.46) Dafydd Morris (37.08) Zach Chapman (41.52) Kev Burns (tail- 48.25)