

Sotos Fleetwood 10k- 26 June 2011

Andy Edwards and Jay Jennions went with North Wales team manager Paul Brooks to Fleetwood for the annual Sotos 10k, a charity event to raise money for the rare genetic condition of that name. The flat course looked set to be a flyer and the event was beautifully organised, however unfortunately Wesham Road Runners couldn't quite fix the weather, with the event taking place on the hottest day of the year and yet still being run into the wind for the first three miles.

Andy, who has just joined the senior ranks at the wise old age of 20, continued his spectacular run of form with a PB of 37.09, coming 13th overall in a very high quality field (the winner running sub-32 even in the conditions). Jay, like so many others, struggled in the heat for 41.03, however it was some consolation to come third in the women's race by a sizable margin. Both are included in the regional squad for the Welsh 10k Championships at Merthyr Tydfil in August.

Well done also to Buckley's Erika Robinson who won the women's race in 37.10, and David Mountford from Deeside who came third in 32.38.