

## **Border League Race 2- Wallasey- 13 November 2011**

The second event of this season's Border League calendar took place in Birkenhead Park courtesy of Wallasey AC. Following the Remembrance Day silence the race, a 4 lap event of something over 5.5 miles, took place in relatively warm, favourable conditions with the south-easterly wind helping on the long upward slope.

Andy Edwards, not wanting to overdo it before he goes for it at the Conwy Half next weekend, took the first lap easy (by his standards) to support Jay Jennions and Martin Witty, both of whom are returning from Achilles injuries. Andy then stepped up a gear to lead the club home in an impressive 34.59. Jay, despite being far from back in full training, had a much better race than she expected, coming home seventh in a surprisingly strong 37.55. Martin, who had stepped in to race at the last minute due to finding childcare just in time, had not had the benefit of a warmup (unless one counts sprinting from his car to the start) but still managed a very creditable 38.27 as he steadily returns to form. Next in was the always dependable Mike O'Brien with an on-form 39.13. Mark Williams is also currently on the injury list (foot) but still managed a good time of 39.49. Second lady in for the club was Becki Hall, who is now based in Manchester and bravely dragged herself the long journey to the north Wirral despite feeling unwell, making the final decision to race once there. Becki managed an excellent 43.16. Kev Burns, who kindly made tea for his clubmates after the race (now there's an idea for future events people!), demonstrated team spirit in the race as well with a quality time of 43.52. Another impressive run from Lindsey Bellis to complete the ladies' scorecard with 50.11, while Val Blair anchored the club with a good time of 53.17.