



www.deestriddersrunningclub.net

THE OFF ROAD GRAND PRIX SERIES 2016

Races ...

Thursday 2 June 7.30pm
 Thursday 7 July 7.30pm
 Thursday 4 August 7.30pm
 Friday 2 September 7.00pm

Held Under UK Athletics rules. Permit applied for. Traffic Free. Course Approx. 5 Miles. Multi Terrain.

Prizes...

Prizes for all categories! The best 3 finishing positions from 4 races to count. Plus awards for 1st 100 to enter the series

Entry Fees...

£ 3.00 per event **Affiliated Club Members (Registered)**
 £10.00 for series

£ 5.00 per event **Unaffiliated Club Members (Unregistered)**
 £12.00 for series

£ 5.00 per event **All entries on the night**
 £14.00 for series Subject to a race limit of 300

Where to find us...



Start and Finish at Tata (formerly Corus)
 Sports and Social Club,
 Rowleys Drive, Shotton,
 Deeside. Flintshire.

0.75m from Asda Store at Queensferry Traffic Lights heading towards Flint.

Please see overleaf for changes to this years race.

Off Road Grand Prix 2016 Entry Form (please print)

Name: _____ **Date of Birth:** _____
Address: _____ **Club:** _____
 _____ **Welsh Athletics No:** _____
Postcode: _____ **Tel No:** _____
Email: _____

Category	Male	U20	U35	O35	O40	O45	O50	O55	O60	O65	O70
	Female	U20	U35	O35	O40	O45	O50	O55	060	O65	O70

Age Category is competitors age on the first race in the series (2 June 2016)

I wish to enter the Series or Race No 1 – 2 – 3 – 4 (Please Indicate)

I Enclose cheque / P.O. to the value £..... Payable to DEESTRIDERS RUNNING CLUB. I am medically fit to run and understand that I am running entirely at my own risk, and that the organisers will not be held responsible for any injury incurred by myself during or as a result of taking part in this event, or for any lost property before, during, or after the race.

Signed Date

Entry Fee, Entry Form & large S.A.E To Race Secretary, 8 Circular Drive, Ewloe Green, Flintshire, CH5 3DA

The Off Road Grand Prix has been a feature on the running calendar for a number of years. With the closure of our club house and the uncertainty surrounding the land owner (TATA Steel), the format of the race will be altered slightly this year until we are more certain of the facilities we will have access to; no changing / showering facilities will be available.

The course is at present, planned to be the same as in previous years but any course amendments will be notified on our website <http://www.deestriddersrunningclub.net/> prior to the event and on the night. We do have an alternative route which utilises much of the existing course.

Following each race, we will hold a small prize giving for the mens' and ladies' winners and a presentation for the male and female series winners following the final race. Age category prizes will be awarded to the winners in each category but these will be distributed by post once the results have been collated (the reduction in prizes is reflected in the reduced entry fees for this year).

Deestridders Running Club look forward to hosting the event this year and we hope that you can join us for the 2016 Off Road Grand Prix Series.

Martin Witty
Club Chairman